



**BECKLEY**  
FOUNDATION

5<sup>TH</sup> SESSION OF THE WORLD CONGRESS FOR  
FREEDOM OF SCIENTIFIC RESEARCH  
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**Policy Recommendation from Amanda Feilding,  
Director of the Beckley Foundation**

We are at the beginning of a mental health epidemic which grows worse each year. Currently the preferred treatment for psychologically based illnesses – SSRIs – do not work for 30% of patients, and can cause numerous side-effects.

Research carried out by the Beckley Foundation and others has shown the high efficacy of psychedelic-assisted psychotherapy for depression, addiction, and anxiety, as well as many other disorders. The success rate of this treatment shows much higher potential than any other treatment on offer.

Psychedelics could create a paradigm-shift in psychiatry.

I strongly urge governments to remove restrictions which obstruct and constrain research. In order for this to happen, individual governments need to remove cannabis and the classic psychedelics from Schedule 1 and put them in Schedule 2, where research would be facilitated, and physicians would be able to prescribe these compounds to those in need.